

Items Needed for Our Troops

Food Items

Instant Coffee

Ground Coffee

Powdered Coffeemate (flavored)

Teas

Hot Chocolate

Presweetened Kool-Aid

Crystal Light

Sugar Packets

Protein Powder

5 hour energy drinks

Beef Jerky (look at date) no pork

Slim Jims

Cheese n Crackers

Handi Snack Peanut Butter Crackers

Peanut Butter Crackers

Ritz Crackers

Any kind of Cheese Crackers

Peanuts in cans and small bags

Trail Mix - Chex Mix

Pringle Chips in small container

Small individual serving boxes of Cereal

Pop Tarts

Instant Oatmeal

Breakfast Bars

Granola Bars - Power Bars

Packaged Sugar Cookies - Choc. Chips

Rice Krispie Treats

Tuna with all the fixins

Summer Sausage, Canned Chicken

Single serve soup (microwavable)

Kraft Easy Mac

Microwave Popcorn

Fast Food Condiments

(Hot sauce, Ketchup, Mustard, Salt & Pepper packets, Relish, Mayo)

All Spices, Salsa
Instant Soup
Hard Candy, Life Savers, Jelly Beans
Little Debbie Snack Cakes, Twinkies Etc.

Hygiene

Small Shampoo & Conditioner
Lotions (extra dry skin & normal skin)
Liquid Hand Sanitizer
Chapstick - Lip Balm
Sun Block
Dental Floss
Mouth wash
Breath mints
Handi Wipes
Foot powder
Deodorant for men and women
Tooth brush and tooth paste
Eye drops - nose drops
Facial Cleaner
Body Soap
Loofahs (shower sponges)
Disposable Razors
Mach 3 razors and refills
Shaving Cream
Combs and Brushes
Toilet Seat Cover (paper)
Black Socks
Q-Tips
Books, Sports, Comic, Community news

Female Hygiene

Tampons
Panty Liners
Hair clips, Hair bands, scrunches
Nail Polish, Nail clippers, Nail file
Small Mirrors
Hair spray, Hair gel

Female moist wipes

Other Useful Items

Candles

Post Cards

Tablets

Pencil, Pens, Black markers

Envelopes, Stamps

Books

Puzzle books - crossword, word search, Sudoku etc.

Travel games

Music card to upload music on the internet

Handheld electronic games

Baseball hats

Bandannas

Bug Off

Board games

Foam footballs

Squirt guns

Batteries

Disposable cameras

International phone cards

Zip lock baggies (quart & gallon size)